

ATLANTIS

ADVENTURES

ACTIVITY	AGE RESTRICTIONS	TIME	GROUP SIZE	WATER/ACTIVITY	INCLUDES
SHALLOW WATER INTERACTION DOLPHIN CAY	All Ages Complimentary for kids 3 and under, if accompanied by a paying adult. Under 10 need parent/guardian Handicap accessible	Program 1.5 hours (30 minutes in water)	10/Group	Waist-High For all swimming abilities	Wetsuits, lockers and beach towels are provided, along with all-day access to Dolphin Cay's luxurious private beach. Participants receive souvenir gift bag. A photographer will take photos of your experience. Photos may be purchased following the program.
DEEP WATER INTERACTION DOLPHIN CAY	6+ Years Old	Program 1.5 hours (30 minutes in water)	6/Group	Deep water swimming experience with a dolphin. Featuring signature "foot push". Children 6-9 or swimmers needing assistance must wear life vest.	Wetsuits, lockers and beach towels are provided, along with all-day access to Dolphin Cay's luxurious private beach. Participants receive souvenir gift bag, mask and snorkel. A photographer will take photos of your experience. Photos may be purchased following the program.
SEA LION INTERACTION DOLPHIN CAY	All Ages Under 10 need parent/guardian	Program 1.5 hours (30 minutes in water)	12/Group	Waist-High For all swimming abilities	Wetsuits, lockers and beach towels are provided, along with all-day access to Dolphin Cay's luxurious private beach. Participants receive souvenir gift bag. A photographer will take photos of your experience. Photos may be purchased following the program.
ULTIMATE TRAINER FOR A DAY MARINE INTERACTIONS	10+ Years Old Under 13 need parent/guardian	7 hours 10 am - 5 pm	6/Group	Behind-the-scenes experience with our marine aquariums and Dolphin Cay.	Complimentary lunch at Mosaic. Participants receive souvenir gift bag, snorkel and mask, fish guide and Ultimate Trainer for a Day t-shirt. Plus, flash drive with photos from the day.
JUNIOR ULTIMATE TRAINER FOR A DAY MARINE INTERACTIONS	6-10 Years Old	4 hours 10 am - 2 pm	6/Group	Behind-the-scenes experience with our marine aquariums and Dolphin Cay. Must bring water shoes.	Complimentary lunch at Marina Pizzeria with Atlantis Marine Mammal Specialists and Aquarists. Participants receive souvenir gift bag and Jr. Ultimate Trainer for a Day swim shirt, plus 1GB flash drive with photos from the day.
STINGRAY EXPERIENCE MARINE INTERACTIONS	5+ Years Old Under 12 need parent/guardian	Program 45 minutes (30 minutes in water)	8/Group	Stingray experience in waist-high water with shallow snorkel.	Life vest, mask and snorkel provided. Complimentary wetsuits available. Participants receive souvenir gift bag, mask and snorkel. A photographer will take photos of your experience. Photos may be purchased following the program.

ACTIVITY	AGE RESTRICTIONS	TIME	GROUP SIZE	WATER/ACTIVITY	INCLUDES
SNORKEL THE RUINS OF ATLANTIS MARINE INTERACTIONS	8+ Years Old Under 12 need parent/ guardian	Program 1 Hour (30 minutes in water)	8/Group	Snorkeling in deep water. Life vests mandatory.	Life vest, mask and snorkel provided. Complimentary wetsuits available. Participants receive souvenir gift bag, snorkel and mask.
SEA SQUIRTS MARINE INTERACTIONS	3-6 Years Old	Program 1 Hour (20 minutes of marine activities, 20 minutes in water)	6/Group	Behind-the-scenes look at Atlantis Fish Hospital. Includes feeding baby sharks and tropical fish. Hands-on learning about starfish and conch.	Complimentary water shoes provided. Participants receive a souvenir Sea Squirts swim shirt.
PRIVATE CABANAS	All Ages Child-friendly	Minimum 5 hours	6 Guests/ Cabana	N/A	<ul style="list-style-type: none"> • Exclusive poolside access • Steps away from the pool/beach • Food and drink service • Sunny and shaded seating options • Fan • Electronic device plug-ins • Personal safe • Refrigerator • Private changing area • Guest service host <p>Cabana upgrades at additional costs:</p> <ul style="list-style-type: none"> • Wireless internet connection • Pre-stocked beverage selection
PRIVATE POOL	All Ages Child-friendly	Minimum 5 hours	Group Size depends on pool location	Ankle to deep water.	Life guard, security and pool attendant services are complimentary. Food and beverage can be provided for an additional fee.
PARADISE LAGOON	Under 18 years old need parent/guardian	Rental options vary from 10 minutes to 60 minutes	1-4/Group, depending on the activity	Ankle to deep water. Complimentary life vests are required.	Lagoon rentals operate from the Atlantis Resort's lagoon and pool. Watersports toy rentals include: Aqua Bikes, Pedal Boats, Catamaran Kayaks, Glass Bottom Kayaks, Stand Up Paddle Board, FunCat Electric Chaise, Walk On Water Ball, Water Hammock and Snorkeling Equipment. Complimentary life vest is required.